# SHARNFORD NEWS

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# SHARNFORD'S MILLIE HAINGE, DELIVERS HER TYPE 1 DIABETES MANIFESTO TO NUMBER 10 DOWNING STREET



Hi I'm Millie, I'm 12 years old and I have lived in Sharnford for the last ten years. When I was 9 years old I was diagnosed with Type 1 diabetes. My diagnosis was very unspectacular, I was a little under the weather, not really ill, so my mum took me to the doctors who did a standard urine test and told me I had diabetes. He rang the hospital and I was sent straight to A & E, where I was admitted. My pancreas had simply stopped working, in a healthy person your pancreas makes insulin, a chemical that is needed to convert sugars into energy. It was a real shock as no one in my entire family has ever had diabetes and from that moment on my life changed.

Type 1 diabetics have to count the amount of carbohydrates they eat, prick their finger to test blood glucose and inject insulin to stay alive. Think about it – how many cups of tea or coffee do you drink a day? Well

if you have Type 1 then you need to inject the correct amount of insulin for every cup, 3 cups = 3 injections, 6 cups = 6 injections, now multiply that up for everything you eat and drink each day, every day, every month, every year for the rest of your life and if you don't do it you will die - well that's the life of someone living with Type 1. You see at the moment no one knows what causes Type 1 or how to cure it.

I've had Type 1 now for almost 3 years, (I stopped counting needles at 5000) and so far I'm doing ok. I have never believed that having Type 1 can stop me from doing anything, yes I have to be a bit more organised, but I still dance, swim and even run cross country at school.

I know I'm one of the lucky ones, my doctor diagnosed me straight away, most of the children at my clinic saw their doctor an average of 3 times before they were diagnosed, meaning that they got far more ill than I ever did. My hospital team, who I have to see every three months are really supportive, I tell them what I want to do, and they help me find a way to do it – no has never been an option.

Just over a year ago I was extremely fortunate to get an insulin pump, only 7% of people with Type 1 have one, which seems really unfair. Having a pump means that I have a needle attached to my skin through which insulin can be pumped. I wear the pump 24 hours a day everyday. I still have to count all the carbohydrates I eat and test my blood sugars but it gives me more freedom than I had before.

Do you know what the worst part of being Type 1 is? It's not the hospital appointments or even the needles it's when people say to me 'diabetes, but your not obese' or 'did you eat too many sweets?'

I get frustrated when people confuse Type 1 with Type 2 diabetes, so I have been trying to help people understand the difference by raising awareness of Type 1. I became an ambassador for JDRF, the Type 1 diabetic charity and I now talk to as many people as I can.

Since being diagnosed I have organised a 'ping-a-thon' at school, where everyone had to wear an elastic band around their wrist and ping it each time they ate or drank, this made them think about what they were eating. The sting of the elastic band is a little bit like finger pricking.



Last year I went on Breakfast TV to talk about Type 1 before going to Westminster to lobby MP's. Most recently I have written my own Manifesto, which I took to Downing Street in January. I have sent a copy to all UK MP's and Parliamentary candidates in readiness for the General Election. I have asked them to help people with Type 1 by donating more money for research to find a cure. In May I have been asked to be the guest editor of Discovery magazine, a magazine that aims to raise awareness of living with Type 1. In July I will be travelling to Washington DC in America to speak at the Children's Congress and the Senate after being chosen as the National and European representative for Type 1. I am always thinking up new ways to get my message across.

I have to believe that a cure can't be to far away. If we can land a probe on a comet millions of miles away then the cure for diabetes is just waiting to be found, we just need to look harder for it!

If you would like to read my Manifesto then you can read it at https://www.jdrf.org.uk/campaigns/millies-manifesto *Millie Hainge* 

#### WHAT ARE THESE GREEN BOXES ON OUR STREETS? SUPERFAST BROADBAND IS COMING



Fibre optic broadband is coming to Sharnford and the new boxes have been installed ready for the switch on VERY SOON. Sharnford, Stoney Stanton and Frolesworth are being upgraded now. Sapcote, and those parts of Aston Flamville who have not had this upgrade already will



benefit. BT Open Reach is planning to undertake improvements to its network to enable

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us to get superfast broadband. The installation of new cabinets and fibre optic cables, has already been carried out. In January new manhole covers were installed along the route of the trunking into the village. Two new style green cabinets for the connections to houses have been installed on Leicester Rd near St Helens Close and at the entrance to Sharnbrook Gardens.

To get superfast fibre broadband, once it goes live you'll need to place an order with a provider who offers this service. This is because superfast fibre broadband uses a different technology and an engineer will probably need to visit your home or

business to install the necessary equipment. If you are considering switching provider or upgrading you may not want to lock into or renew a contract now before details, prices and options become clearer?

If you choose not to upgrade to superfast fibre broadband, you'll be able to continue using your existing broadband service as normal, indeed if you only use your computer occasionally for emails, web browsing and the occasional film download you will probably find your existing connection acceptable.

Maps of the area showing coverage and timescales are available via a link on the village website.

http://www.leicestershirevillages.com/sharnford/broadband-in-sharnford.html

#### HINCKLEY BULLOCKERS VISIT SHARNFORD

Three dozen men, dressed in be-ribboned black outfits, with reddened faces, danced, sang and played their way from The Countryman in Sharnford to The Red Lion in Sapcote, via The Bull's Head, The Star Inn and The Blue Bell in Stoney Stanton, in little more than seven hours on Saturday January 11<sup>th</sup> 2015. Hinckley Bullockers hit the streets - and pubs - of Sharnford, Sapcote and Stoney Stanton for their 28th annual plough tour.





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A small but enthusiastic group of villagers, along with supporters of the dancers, watched the Bullockers perform a few dances at both the Countryman and Sharnford Arms pubs in the village. It has been a while since they visited the Sharnford Arms, but with the kind hospitality given willingly to all the dancers, I'm sure it will be on the list again next year.

The merriment was arranged for the closest weekend to Plough Monday, traditionally the first Monday after Epiphany, when, in this part of the county, plough teams from neighbouring villages were known to have decorated and dragged their ploughs around their local ale-houses, entertaining onlookers and enjoying encouragement in the form of food and drink en route.

The Bullockers were formed to revive the tradition, by Morris dancer Tony Ashley,

from Hinckley, in 1987. Twenty-eight years later, the tradition is going strong and so is Tony - a veteran of Nuneaton's Anker Morris Men and still dancing at the age of 72.

The youngest Bullocker on the streets this year was aged 17, and they were accompanied for the last dance by no fewer than 16 musicians, including what Mr Ashley referred to as a "brass section".

\*\*Dave Sewell\*\*



#### SHARNFORD VILLAGE DEFIBRILLATOR GROUP

A very successful fund raising 'Evening of Puddings' was held recently at The Evergreen Hall, where 60 people sampled the delights of many hot and cold puddings. Mr Martin Fagan from the charity Community Heartbeat Trust gave a demonstration and a talk on the defibrillator. He answered people's questions and concerns throughout the evening moving from table to table. We are sure Martin convinced any 'doubters' that a

SHARNFORD EVERGREEN VILLAGE HALL

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Telephone Margaret 01455 274038 defibrillator was a life saving device that Sharnford must have.

Despite their best intentions most people could only eat 4 or 5 puddings, the record for the evening, we heard, was 7!!!

Several people kindly donated raffle prizes and the results of the 'Heart Quiz' was announced. At the end of the evening there was a sale of surplus puddings.

Thank you pudding-eaters for your generosity. On the evening we raised over £400 for our defibrillator. Thank you to our pudding makers for all the hard work skill and time you gave.

This £400 and further generous donations received from local residents and organisations, together with a loan from Sharnford Defibrillator supporters, we can now proceed with the purchase of the defibrillator.

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However as the loan needs repaying it is essential we continue with fund raising so any donations will be gratefully received.

A Defibrillator Awareness Evening will be held in Sharnford in the near future. Please let me know if you would like to book a place. Date and time yet to be decided. The following article explain in more detail all about the Project Nationally.

Tony Berridge Tel. 01455 273560

# Counselling/Psychotherapy

## Looking towards a clearer, brighter future

There may be a time when you need to talk to someone who will listen to what you really need to say, helping you get an understanding of the present, in the hope for a better future.

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For a free initial session and discussion, without obligation, please contact:

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Kelerina@googlemail.com

Malcolm Soulsby Six Acres Counselling 07715 178 874 www.sixacrescounselling.co.uk

#### COMMUNITY PUBLIC ACCESS DEFIBRILLATION (CPAD)

The national charity 'The Community HeartBeat Trust' is working closely with ambulance services across the country to increase the penetration of defibrillators into the community.

Over the past 10 years ambulance services have had increasing targets for delivery of service, including the 8 minutes target for Cat A calls. Whilst in cities and towns this is much easier to achieve, in rural communities this is a much harder prospect. As a result the Ambulance Service was innovative in looking for additional ways to reach these demanding targets and in early 2000, the first Community First Responder (CFR) schemes were established. In 2015 there are now several hundred of such schemes around the country, typified by community volunteers who give their time to support the Ambulance service in some Cat A calls, if they are available to assist.

However one area has still only partially been addressed by the CFR role, the Sudden Cardiac Arrest. Typically these are rapid onset events and the life expectancy of the patient decreases around 20% per minute from the event. As a result even the 8 minute target for Cat A calls is not adequate for the treatment of many SCA events, and a more typical target should be the 5 minutes (from the event) as recommended. Time is critical, and whilst CFR schemes can help, the recent evidence suggests that even these schemes are not always able to assist due to the time factor or availability of CFR volunteers.

Statistically, CFRs only attend 1 in 10 SCA calls, with a post hospital survival rate of only 2.9%. It was for this reason that many static sites for defibrillators have been established, in airports, train stations, shopping centres - mainly areas of high footfall.

Community Public Access defibrillation (cPAD) has only become a reality for local communities in the past couple of years as the technology and the guidelines from the governing agencies such as the UK resuscitation council (UKRC) have been amended. The need for training has been reduced for the latest compliant defibrillation equipment and although still desirable, is not necessary even for members of the public. cPAD schemes place an automatic or semi automatic defibrillator, a device used to treat Sudden Cardiac Arrest, in a convenient location in a vandal resistant box. The equipment can be accessed by anyone to assist a patient with a Sudden Cardiac Arrest (SCA). In most cases, 999 is called and the ambulance service will give the access code to the box to enable the defibrillator to be used. cPAD schemes are not a replacement for ambulance services, or community responder schemes, but are there to help whilst professional help arrives, and have already been proven to save life.

The Community HeartBeat Trust is a national charity that provides support for local communities to place defibrillators in their communities, ether on their own, or in vandal resistant secure boxes, coloured yellow for ease of visibility, or through the support for CFR schemes. The CHT box design is of very high standards, exceeding all other current designs, and is the preferred design by many local ambulance services.

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#### SHARNFORD PARISH COUNCIL

At the end of January members of the Parish Council, along with some volunteers, spent the morning giving our burial ground a little bit of TLC. We are fortunate to have such as beautiful and restful location for our burial ground and we must thank Tony Curtis for his continued efforts in maintaining and nurturing it.

As a result of the continuous efforts of the Sharnford Traffic Action Group (STAG) we have now been able to purchase a portable speed monitor. This vehicle activated sign not only advises drivers of their "actual" speed but will provide us with robust data of both the speed and volume of traffic travelling through the village. This will be invaluable in the ongoing challenge of addressing the traffic concerns that we, as a

village, continue to face and seek potential solutions. Once we have taken delivery we will be looking for some additional volunteers to get involved with locating the monitor, taking readings etc. Watch this space for more info!

It is also great to see that Sharnford Good Neighbour Scheme is starting to build momentum, with eager volunteers already signed up. This is a great example of the true spirit of the Sharnford, where various groups and residents work together for the benefit of the overall village, like STAG and the Environment group. Other groups support specific sections of the community, like the Evergreen Committee and the PTA. In celebration of this we will be hosting an **Annual Parish** 



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**Meeting**. This will be an opportunity for the various groups, committees and services of the villages to meet at one community event, to share with residents what it is that they do, who they support and what plans they have for the coming year. Most importantly it will be an opportunity to mix and celebrate all the great work that they do over some drinks and nibbles.

We will contact the groups formally to invite them to attend, and posters will go up confirming the details nearer the time. Everyone will be welcome so the date for your diary is the evening of 21st May 2015 in the Evergreen Hall.

On a less positive note we continue to face two ongoing issues around the village, parking and dog fouling. I would ask that residents and visitors please consider their neighbours and other road users when parking. We have experienced issues where parking on both sides of roads has meant that emergency vehicles cannot get through, and where parking on and near bends and junctions can make passing dangerous. We have ample dog fouling bins and ask dog owners to ensure that our paths and playing fields are clean and free of dog mess so that they can be enjoyed by others, especially children that play in the parks.

Parish Council meetings are public meetings and are held on the third Thursday of the month, at 7:45pm in the Evergreen Hall (see noticeboards for dates) and I would invite you to attend, bring your views, thoughts and questions or concerns.

If you cannot attend but would like to get in touch please contact our clerk Matthew Scott or myself, or visit our facebook page or website

#### SHARNFORD NEWS LITTLE EXPLORERS PLAYGROUP

This term our topic has been a journey into space, and to be honest I'm not sure who enjoyed it most - the children or the parents? We had some fantastic home made space costumes, ranging from Astronauts to Daleks and aliens! Buzz Lightyear joined us as well as rockets and space ships. What a fantastic effort from everyone! Thank you!

During the term we have created space ships and rockets using recycled materials and a big thank you to Gabrielle Bryan for providing us with recycled materials for our spaceship pictures. They are on display in the kitchen area if you want to have a look! We have practised counting backwards from 10 and when we get to zero we shout 'Blast Off.' We have been on the Library Bus and borrowed some books about space and even read a book about Aliens wearing underpants! Our physical activity saw us walking on the moon and practising how we would walk in space and pretending to be a rocket zooming around space! We also sat in our rocket and ate 'space food' and played in 'moon dust.'

We are starting to talk about spring after half term, as hopefully, we are nearing spring weather and we will be planting our bulbs and seeds in our garden area outside. We will be learning how to look after them and how we can feed and water them. Before we know it, Easter will be with us and we will be making our Easter bonnets for our parade! *Alison, Sue, Karen, Kat and Claire.* 

#### FLOWERS TRIVIA QUIZ

- 1. Which of these flowers is the favourite of over 80% of Americans?
  - a. Roses, b.Carnations, c. Daffodils, c. Dandelions
- 2. Which of these flowers can be used instead of onions in cooking?
  - a. Tulips, b. Iris, c. Roses, b. Lilies
- 3. Which flower's name means "day's eve"?
  - a. Daisy, b. Lilac, c. Dandelion, d. Sunflower
- 4. Saffron, the spice, comes from a type of which flower?
  - a. Gardenia, b. Magnolia, c. Crocus, d. Iris
- 5. Which of these flowers does not need soil to grow?
  - a. Orchids, b. Lilies, c. Lavender, d. Tulip
- 6. Which flower was poisoned by the Wicked Witch in the Wizard of Oz?
  - a. Poppy, b. Iris, c. Sunflower, d. Rose
- 7. Magnolias were named after which botanist?
  - a. Peter Mangolia. b. Pierre Magnol, c. Pierre Nolia, d. Charles Darwin.
- 8. How many species of violas are there?
  - a. 400 500, b. 1000s, c. 3, d. 1
- 9. Which flower's juices were previously used to make glue?
  - a. Morning Glory, b. Buttercup, c. Bluebell flower, d. Rose
- 10. Which of these plants is related to the banana plant?
  - a. Sunflowers, b. Roses, c. Bird of Paradise, d. Gardenia.

Answers on page 18

#### **BUMBLE BEE HALL FARM - MILK SALES**

Bumble Bee Farm, in Bumble Bee Lane, Sharnford, are now bottling their unpasteurised milk in 2 litre plastic bottles. Available from next week at a cost of £1.50 for blue top and £2.00 for gold top jersey milk. They are open any day from 4.00pm. Anyone can contact Ian or Karen Smith on 07770 455592 for further details.

The farm is located on Bumble Bee Lane, which is first left on the B4114 out of Sharnford towards the A5.

#### SHARNFORD PRIMARY SCHOOL

We started off our Spring term here at Sharnford Primary School with a Pantomime production of Cinderella. The event which was performed by a very small production group, took place at All Saints Primary School, Sapcote. The children enjoyed the production and got involved in the action!

Year 3 and 4 children are currently going to Hinckley Leisure Centre for swimming lessons and they enjoyed a fun packed day trip to Snibston to enhance their learning on magnetism and forces. Year 6 children have visited the Warning Zone where they learnt about dangers around railway lines, water, building sites, risks on the road and around the home. A parents meeting was also held for children in year 6, so that parents were able to find out more information regarding the SATs tests that their child will take in May.

A number of children have taken part in two cross country races at Bosworth Academy in Desford, they all ran very well. Each week children who have been demonstrating the Christian value of friendship have been issued with a certificate, which was presented to them in assembly on a Friday.

The PTA have continued to organise events to raise money for school, a quiz night, coffee morning, film night and an Easter Disco. We appreciate the hard work carried out by all members. A number of volunteers attend School each week to listen to children read as well as attend trips of which we are very grateful. We are currently collecting Sainsbury vouchers and if you do have any spare, please send them in to the School office.

Carol Proctor Secretary



#### SHARNFORD SCHOOL PTA

We have had a busy first term and a half in this 2014-15 year.

We would like to thank everyone who has supported our various events; the parents, pupils and teachers at our Christmas disco and workshop; those who came and tested their little grey cells Annual Quiz (we hope you all agree that it was a lovely fun evening) and also to those who have come and chatted, drank coffee and bought cakes at our new coffee mornings.

We are delighted to say that these events have enabled us to raise over £1000, we are now looking forward to spending this money on the school's wish list.

Looking forward we will be hosting another couple of coffee mornings in the

# TOPS AND TAILS

summer term 16<sup>th</sup> April 2015 and 18<sup>th</sup> June 2015 10am -12noon. We look forward to seeing you there and enjoying lots of cakes. As the Sharnford News goes to press we are busy baking for our half term coffee morning and hope to see lots of you there.

For the children we will be putting on their annual Easter Party and hope to introduce a film night for them too.

Chair

#### COUNTRYMAN SICK AND DIVIDEND FUND

2014 was another successful year for the Countryman Sick and Dividend Fund. The whole success of this yearly event is down to the support of local businesses and a handful

of dedicated individuals. Naturally the hardest part of the job is selling the 4,000 raffle tickets [800 books] – this may well have to be increased for 2015 or another mid-year fund raiser may have to be hosted due to increasing costs of the items in the festive food bags.

This year we delivered approximately 135 food bags within Sharnford Parish, which cost around £1,400, and we had an income of around £1,100. We also had donations amounting to £25 from local villagers - if you would like to make a donation I can be contacted on 274678. Whilst the fund is in no danger of collapse we have to think to the future and ever-rising costs.

The following local businesses donated prizes: The Countryman Inn, Ian Pickering Photography, the Sharnford Arms, Sharnford Garage, Sharnford Post Office and Sharnford



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Tractors. The raffle tickets were donated by Intex Grinders & Engineers and the following businesses outside the village also donated prizes: JJ Car Valeting at Hinckley, Wood Farm Brewery at Willey, The Grainstore Brewery at Oakham, the Village Flower Shop at Bedworth, along with many local supermarkets.

This year we even had prizes going as far afield as Oakham, Harrogate, Bolton and Wales – luckily these were gift vouchers or items that could be delivered on my travels!

And finally, special thanks go out to June Feast who produced the Christmas cards that were included in the food bags at no cost to the Fund, the many individuals who donate prizes every year, the super ticket sellers, the packers of the food bags and those who deliver them. Thank you also to the people who took the time to write and thank the Committee for all their hard work and efforts.

We look forward to your support again in 2015.

Jack Feast for the Countryman S & D Fund



# GOOD NEIGHBOUR SCHEME FOR SHARNFORD CAN YOU HELP? - WOULD LIKE HELP?

Hopefully you will be aware that we are in the process of setting up a Good Neighbour Scheme in Sharnford, which aims to provide short term help for residents with tasks such as transport, shopping, gardening, befriending, etc. through the help of local volunteers. Whilst there is already a strong network of informal help and support between neighbours

in the village, this is about strengthening this, and making sure this kind of support is available to all those in the community, who may, from time to time need it.

The set up costs for the Scheme is being funded by Blaby District Council, and we now have a Steering Group made up of local residents, to help drive things forward. We had a very well attended meeting for those interested in volunteering on 11th February, as which we were able to sign up a good number of volunteers, and get a feel for the types of

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things they can help out with, and when they are available.

We are keen to get the Scheme up and running as soon as possible, so if you are interested in either volunteering, or would like to register as someone who would like to receive support, or indeed to find out a bit more about the scheme, please contact Edwina Grant, Chair of the Sharnford Good Neighbour Scheme Steering Group, on edwina.grant@live.co.uk or tel 07969 313154.

#### SHARNFORD ENVIRONMENT GROUP

It feels like it's been a long winter so to see the snowdrops & crocus bravely showing their faces is a pleasant surprise and a sure sign that Spring is just around the corner.

This last quarter has been a relatively quiet one for the group, keeping the birds fed on 'Bluebell Green' has been our main physical activity but plenty of planning has been going on behind the scenes. The plants have been ordered for the hanging baskets, so from June to October we will again be relying on volunteers to keep them watered. PLEASE get in touch if you think you can help by calling Yvonne 274112 or Dave on 272901.

Work is planned for several planters, the one by the road crossing will be rebuilt and two of others may be moved to better positions. The main job on Bluebell green will be the changes to the front border which will, hopefully, eliminate the need for weeding it.

At the beginning of the year we were very optimistic that the long awaited village sign would be happening soon, but we may have been a bit premature. There are still problems with obtaining the required funds so we need to be patient and it will happen one day. (*Late note*) - As we go to print we are pleased to report two very kind donations to the fund for the village sign. The first a £75 donation from the St. Helen's Ladies Group and the second, a £40 donation from an anonymous donor in the village. We thank both very much indeed, with the hope that we will see the sign up one day soon.

As always we would be pleased to see you at our meetings (2<sup>nd</sup> Thursday, 7.30pm Evergreen Hall) or at our working parties.

Maureen

#### ST. HELEN'S CHURCH

It is now a dim memory but we cannot let Christmas pass without mentioning two new and very successful events. We had sent invitations inviting the people to come to the church on December 14 light a candle in memory of loved ones no



longer with us and spend a few quiet moments remembering their lives. Around forty people entered the church and did just that. We hope it brought them comfort. The second event was on the 10th December when the church was filled to capacity with parents, grandparents, siblings and friends who came to watch the Little Explorers' playgroup (ages 2 to 4) perform their own nativity play. There were smiles as the little ones sang the songs they had learned at the group, laughter when two little boys dressed as snowmen began to throw their 'snowballs' at the audience which cheerfully threw them back and quite a few misty eyes when the cast performed the age old story of our Saviour's birth. The extreme youth of the actors gave the whole thing an extra poignancy. Thanks must go to the ones who coached and arranged the performance. It could not have been an easy task.

Since the last publication of the 'News' we have celebrated the wedding of Lee Bates and Alexandra Ford (20<sup>th</sup> December) and, making good use of our new facilities, we served hot drinks and mince pies to the guests whilst the photos were being taken. On the 30 December the funeral of Beryl Revell took place and on 1st February Harri Peter Thompson was baptised into the faith.

Now for future events.

**Fair Trade Coffee morning**. 7<sup>th</sup> March 9.30am — 12noon Evergreen Hall (bacon butties also available)

**Lent and Easter**. Holy Communion will take place at All Saints Church, Sapcote every Tuesday morning at 9.45 am from 24<sup>th</sup> February — 31st March.

**Mothering Sunday**. 15<sup>th</sup> March 9.15am. All Mums and families very welcome. Refreshments to follow.

**Maundy Thursday** 2<sup>nd</sup> April Joint informal Holy Communion at St. Helen's Church at 7.30pm

Easter Sunday 5th April 9.15am Easter Family worship.

**Cream Teas**. These will be served in St. Helen's Church from 3.00pm — 5pm on the following Sundays. 17<sup>th</sup> May, 21<sup>st</sup> June, 19<sup>th</sup> July and 16<sup>th</sup> August.

**Clean- up of the Churchyard**. Saturday 30th May 10am — noon. Again we are asking for volunteers to help clean up the churchyard. Wear old clothes, gardening gloves and bring along any tools/equipment which might be helpful. You will be rewarded with hot drinks, biscuits and even hot dogs. Be prepared to enjoy yourself!

Finally as we no longer hold midweek Communion at St. Helen's a few of us attend the service held at Sapcote, All Saints on alternate Tuesday mornings at 9.45pm. We are warmly welcomed by members of our sister church (and we also get tea and toast afterwards). If anyone is free and would care to join us we would be delighted to see you and transport can be arranged if needed just ring 272977 or 272297.

#### Estelle Perrett

#### THE EVERGREEN CLUB

The Evergreen Club has started meeting again fortnightly, on Wednesday afternoons at 3pm, and new members are always welcome. Although it seems a long time ago now, we would like to thank all those who supported our Christmas Bazaar which raised just over £1.600.

Our trip to Chatsworth took place on a bright, cold, sunny day and the House which was decorated on the theme "Alice in Wonderland" came up to all expectations and cups of tea and Christmas shopping helped to make it an enjoyable day out.

The Christmas dinner was excellent as usual and we were entertained by the choir afterwards. Then last month we went to see Humpty Dumpty at the Concordia which is always good for a laugh.

Plans are being made for the coming year and we shall have two outings as usual, destinations not decided yet, and the first of our popular Bacon Buttie mornings is on April 18th. We look forward to seeing you there.

We have put our name forward to be considered for a programme by BBC East Midlands Television on "Village Halls and Their Service to the Community". We await the call to put Sharnford on the screen!

Beryl Devenyi

#### SHARNFORD EVERGREEN CLUB

#### OPEN TO ANYONE OVER 60 WHO LIVES IN THE VILLAGE OR THE SURROUNDING AREAS

Come and join us at the Hall in Sharnford – meetings twice monthly on Wednesdays. Full high tea enjoyed at each meeting and last year we enjoyed full Christmas Dinner in December and a Fish and Chip Supper in September. We also had two outside trips, one to Gloucester Docks and one to Chatsworth at Christmas

We also have occasional speakers to entertain us at our meetings.

ALL WELCOME – Meetings afternoons in the winter and evenings in the summer.

FOR MORE INFORMATION RING JEAN ON 01455 274772

#### SHARNFORD METHODIST'S CHURCH

SERVICES: Every Sunday morning at 10 am
On the last Thursday of the month we hold a short service of s

On the last Thursday of the month we hold a short service of quiet devotion at 10 am

At our Christmas celebrations we welcomed a number of visitors from Sharnford and beyond and the theme of "Angels" really added to the usual Christmas decorations in our Chapel. The refreshments and children's activities were enjoyed on both days followed by our Carol service on the Sunday, which was a time of worship and sharing fellowship before the busy Christmas rush.

We continue to hold coffee mornings on the first Saturday of the month, our next one on March 7th will be held with St Helen's at the Evergreen Hall in order to promote Fair Trade goods and raise money for Action Aid for Children.

On Friday 6th March we shall be holding our annual Women's World Day of Prayer service at 7pm which has been prepared by

service at 7pm which has been prepared by the women of The Bahamas this year, to which everyone is welcome.

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Our Sunday morning services start at 10 am and on the last Thursday of the month we have a short service of prayer and devotion at 10 am.

All our services are followed by refreshments with time for talking and fellowship afterwards and we assure you of a welcome.

Beryl Devenyi

#### ST. HELEN'S CHURCHYARD WORKING GROUP

Although we are still in the grip of winter (at the time of writing) the snowdrops & crocuses are beginning to bloom and of course the grass grows suddenly longer.

Weather permitting we hope to make a start on tidying the churchyard, and perhaps even mowing the grass, on **Tuesday 3<sup>rd</sup> March** starting at 10.00am. We then meet as necessary on subsequent Tuesday mornings through the growing season to mow grass and generally maintain the churchyard.

New volunteers are always welcome – please just turn up on the day or ring 272602 for further details.

John Evrall

#### SHARNFORD TRAFFIC ACTION GROUP

We now have some progress to report. At our last meeting we were able to approve the quotation for the Speed Monitor which Matthew Scott (Parish Clerk) had obtained from the supplier. We have the money available and were able to give him the go-ahead to put in the order. Delivery is to be 6-8 weeks, so as they say, watch this space for further news on the matter.

We, the group, will be looking for volunteers to help with the upkeep of the Monitor when it is installed. Nothing too onerous I hasten to say. When we have it we will have it

on show so that anyone interested can come to see how it works.

We would still like to see more faces at our meetings, the first Monday in each month, as the traffic situation is something which affects all in the village.

#### SHARNFORD YOUTH CLUB & COMMUNITY CENTRE



Sharnford Youth Club seems to be going from strength to strength, with new members joining all the time. It's great to see so many new families moving to the village and mixing not only at school, but with the other children on a more social level.

It seems the cold, damp weather is no deterrent to the young and they still enjoy being outside playing games



around the building no matter what the weather. I have to say, it's lovely to see in this 'computer' day and age.

The indoor activities such as darts, table tennis, table football, loom bands and colouring are also popular, as is the nail bar which is set up every few weeks with even many of the boys joining in!

The Annual Tamworth Snowdome Tobogganing was an ever popular trip just before Christmas with a record number of members coming along and having fun in the snow. Of course the hot chip supper all laid out ready on their return helped to warm them up.

The New Year's Eve Family Disco was another successful night, with 120 people turning up armed with plates of 'sharing food' which meant there was plenty to go round. A total of just over £900 was raised on the night, which is a great boost to our car park/multi surface fund which we can now start to seriously look into. This will not only improve the appearance of the front of the Community Centre, but also double up as a tennis/basketball court.

The following clubs are currently running within the Youth & Community Centre and new members are welcome to pop along to any they fancy.

#### Monday

7-9pm Craft Club

Wednesday 10-12.30pm

Over 55's Youth Club

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Contact Derek Gibbons 272401

#### **Thursday**

2-2.45pm & 3.30-4.15pm Soccer Tots (age 2-4) Contact www.touchlinesports.co.uk Football Academy (age 5-13) 4.30-6pm Contact www.touchlinesports.co.uk Contact Alison www.abdance.co.uk

6.30-7.30pm Fitsteps Aerobics

Friday

6.30-8pm Youth Club (age 5-16) Contact Julie Edge 271321

The room is also available to hire out for private functions or fundraising events and more information can be obtained by ringing Julie Edge on 271321, or check out our website at sharnfordyouthclub.wordpress.com

#### **BBC RADIO LEICESTER VISITS SHARNFORD**

Regular listeners to the Sunday Radio Leicester morning BBC programme 'Clueless' will know what it is all about. For those who do not listen it's this.... Clues are hidden in places across Leicestershire that can be collected over a three hour show, by a presenter in a car. Listeners help Julie Mayer in the car, to solve the very cryptic clues to find where they are hidden. Julie's husband Wadsworth is in the studio 'helping' Julie solve the clues. Listeners with local knowledge (and access to the internet!) ring in with advice. The aim is to collect all clues before the deadline.

I was asked again to hide the first Sharnford in for



Sharnford Plant Sale Saturday 16th May 2015 Evergreen Village Hall, Sharnford

The usual mix of quality **Bedding Plants - Perennials** Tomatoes and other veg - Herbs

Open from 9.30 to 12 noon Admission free Refreshments available

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For further information please contact Tony Curtis on 01455 272532

programme on Sunday 25th Jan 2015. My idea was to hide it on the notice board opposite the Countryman Pub, behind an advert for the next Environment Group meeting. It didn't



take the listeners too long to work out that the first clue was in Sharnford, on Leicester Road, near the Countryman Pub. But the last line of the clue was so complex help was needed. I of course was sworn to secrecy, but a few people arrived to help, including our own Jack Feast. Well Julie was taking far too long to and getting quite frustrated, that a tiny piece of help was forthcoming to find it....but they knocked a few minutes off for that help. The good news was that they just got the last clue (near Highcross in the City) with minutes to spare. If you haven't listened to it before...give it a try...BBC Radio Leicester 9am – 12 noon Sunday's. The photo shows Julie and Jack, with beaming smiles, having solved the clue!!!

Dave Sewell

# DEMAND OUTSTRIPS SUPPLY FOR LOCAL CHARITY'S SHOPS.

The Business Development Manager at Age UK Leicester Shire & Rutland, Peter Ralphs, is urging members of the public to consider helping in the charity's fundraising through the donation of unwanted clothes, household goods, books, DVDs, CDs, vinyl records, furniture and other goods for sale through their 24 charity shops.

He says; "At this time of year, the call on our funding increases dramatically as older people struggle with the cost of utilities and many have to make the choice between



Tai Chi
Not an exercise class
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#### Sharnford, Evergreen Hall Thursday 1.30 - 2.30

Fitness not required! - Suitable for all ages – Beginners and returners welcome £4.00 per session

01455 324 008 for more details

– or just turn up to find out more and give it a try.

- Also at the Village Hall, Broughton Astley Monday 1.30 - 2.30

eating and heating. To meet the increased demands for our support – whether for help to pay gas and electricity bills, provide food parcels and blankets or to help with the costs of dealing with emergencies such as boiler failure – we desperately need to increase our income. One of the simplest and least onerous ways to help is simply to donate unwanted goods.

Whilst Age UK Leicestershire & Rutland's shops are doing well, this success is creating a problem as demand particularly for furniture and bric-a-brac is proving so great that supply of such items is struggling to keep up.

Items can be delivered to any of the charity's 24 shops, whilst large items like furniture can be collected promptly: just call 0116 2992233 for information.

www.ageuk.org.uk/leics Any queries, please call Peter Ralphs 0116 2237344

# To advertise in the SHARNFORD NEWS please contact Angie Timson-Jones on 271561

Editorial Team: Dave Sewell 272901 (email: <a href="mailto:desewell@hotmail.com">desewell@hotmail.com</a>), Angie Timson-Jones 271561 and Jean Ryan 615820

Please note that the deadline for articles in the next issue of Sharnford News is earlier than usual on Fri 15<sup>th</sup> May 2015

Answers to Quiz

1. Roses, 2. Tulips, 3. Daisy, 4. Crocus, 5. Orchids, 6. Poppy, 7. Pierre Magnol, 8. 400-500, 9. Bluebell flower, 10. Bird of Paradise



JTL Kitchens and Bedrooms Ltd 9 Park View, Sharnford Leicester, LE10 3PR Telephone: 01455 271423





Please note that due to unforeseen circumstances we are moving out of our current showroom and are currently looking for new premises. In the mean time we will still be offering all the same services. We can give you a complete solution – including design, installation and building work. Or we can supply only or design and supply. Please call us on **01455 271423/07887880745** 

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#### SHARNFORD VILLAGE INFORMATION SHEET

Sharnford Parish Council Chair: Emma Jones 271048 email: evtjones@gmail.com Clerk: Matthew Scott 07810010893 email: matthew.scott@live.co.uk Meetings are usually held 3rd Thursday month 7.45pm Evergreen Hall

Leicestershire County Council Councillor Ernie White 272136

Blaby District Councillors Shiela Scott 272450 Iain Hewson 273957

**Police - Call 101 -** To report a crime that has already happened and any other incidents or concerns that do not require an emergency response.

**Doctors**Burbage Practice634879 or Evergreen Hall Tues 11am – 12 noonBroughton Astley Practice282599 or Evergreen Hall Thurs 12 noon – 1.30pmStoney Stanton Practice271442 Hinckley Road, Stoney Stanton

St. Helen's Church Sharnford Rector Rev Mick Norman (Sapcote) 272215

Village contacts Cynthia Oliver 272977 or Chris Berridge 273560

**Methodist Chapel Sharnford** Revd Sue Howe 634168 Burbage & Sharnford Village contact Beryl Devenyi 273740

**Mobile Library** Visits on Thursdays every two weeks.

Calls at - Evergreen Hall 9.30 – 10am, Halls Crescent 10-10.30am

& School/Henson Way 10.35-11.30am Contact Lutterworth Library - 0116 305 3619

**Bus Service** X55 from 6.19am or 7.16am then every TWO hours Monday to Saturday To Leicester via Sapcote, Stoney Stanton, Thurlaston, Enderby, Fosse Park To Hinckley via Aston Flamville and Burbage.

**Sharnford Church of England Primary School** Henson Way - Sec 272456

**Sharnford Flood Warden** Jack Feast 274678

Sharnford Evergreen Hall To hire call Margaret Sanders 274038

**Sharnford Youth Club and Community Centre** To hire call Julie Edge 271321

Sharnford Post Office Eric and Gay Washbrook 272210

**Sharnford Village Groups:-**

Evergreen Club: Wednesdays twice monthly – contact Jean Dale 27477

**Little Explorers Playgroup:** Evergreen Hall Daily – contact Alison Bates 213779

**Youth Club:** Community Centre. Fridays 6.30 - 8.00 pm Julie Edge 271321

Over 60's Youth Club: Community Centre. Wed 10-12.30pm Derek Gibbons 272401 Craft Group: Community Centre. Mon (fortnightly) 7 – 9pm Kathy Bryan 272335 Fitsteps Ballroom Boogie: Community Centre Thurs 6.30-7.30pm Abdance.co.uk

**Environment Group:** Evergreen Hall 2<sup>nd</sup> Thursdays 7.30pm Yvonne Jordan 274112

Sharnford Traffic Action Group: Evergreen 3rd Mondays 7.30pm June Feast

St. Helen's Ladies Group: 1st Wednesday Contact Leader Pat Jordon 272229

**Sharnford Golden Jubilee Fete Committee:** Contact Kathy Bryan 272335

Sharnford Cricket Club: Contact 282542

**Sharnford Village Show:** Annual show in September Contact Tony Curtis 272532

Sharnford Good Neighbour Scheme: Chair Edwina Grant 07969313154

**Sharnford Village Website:** <a href="www.leicestershirevillages.com/sharnford">www.leicestershirevillages.com/sharnford</a> Contact the Webmaster Tony Curtis 272532 or email: tc-123@tiscali.co.uk